Human BMAL1 ELISA Kit

User Manual

Catalog # CEK2389

(Version 1.1A)

Sandwich Enzyme-Linked Immunosorbent Assay for Quantitative Detection of Human BMAL1 Concentrations in Tissue homogenates, Cell lysates.

For research use only. Not for diagnostic or therapeutic procedures.

I. INTRODUCTION

Transcriptional activator which forms a core component of the circadian clock. The circadian clock, an internal time-keeping system, regulates various physiological processes through the generation of approximately 24 hour circadian rhythms in gene expression, which are translated into rhythms in metabolism and behavior. It is derived from the Latin roots 'circa' (about) and 'diem' (day) and acts as an important regulator of a wide array of physiological functions including metabolism, sleep, body temperature, blood pressure, endocrine, immune, cardiovascular, and renal function. Consists of two major components: the central clock, residing in the suprachiasmatic nucleus (SCN) of the brain, and the peripheral clocks that are present in nearly every tissue and organ system. Both the central and peripheral clocks can be reset by environmental cues, also known as Zeitgebers (German for 'timegivers'). The predominant Zeitgeber for the central clock is light, which is sensed by retina and signals directly to the SCN. The central clock entrains the peripheral clocks through neuronal and hormonal signals, body temperature and feeding-related cues, aligning all clocks with the external light/dark cycle. Circadian rhythms allow an organism to achieve temporal homeostasis with its environment at the molecular level by regulating gene expression to create a peak of protein expression once every 24 hours to control when a particular physiological process is most active with respect to the solar day. Transcription and translation of core clock components (CLOCK, NPAS2, ARNTL/BMAL1, ARNTL2/BMAL2, PER1, PER2, PER3, CRY1 and CRY2) plays a critical role in rhythm generation, whereas delays imposed by post-translational modifications (PTMs) are important for determining the period (tau) of the rhythms (tau refers to the period of a rhythm and is the length, in time, of one complete cycle). A diurnal rhythm is synchronized with the day/night cycle, while the ultradian and infradian rhythms have a period shorter and longer than 24 hours, respectively. Disruptions in the circadian rhythms contribute to the pathology of cardiovascular diseases, cancer, metabolic syndromes and aging. A transcription/translation

feedback loop (TTFL) forms the core of the molecular circadian clock mechanism. Transcription factors, CLOCK or NPAS2 and ARNTL/BMAL1 or ARNTL2/BMAL2, form the positive limb of the feedback loop, act in the form of a heterodimer and activate the transcription of core clock genes and clock-controlled genes (involved in key metabolic processes), harboring E-box elements (5'-CACGTG-3') within their promoters. The core clock genes: PER1/2/3 and CRY1/2 which are transcriptional repressors form the negative limb of the feedback loop and interact with the CLOCK|NPAS2-ARNTL/BMAL1|ARNTL2/BMAL2 heterodimer inhibiting its activity and thereby negatively regulating their own expression. This heterodimer also activates nuclear receptors NR1D1, NR1D2, RORA, RORB and RORG, which form a second feedback loop and which activate and repress ARNTL/BMAL1 transcription, respectively. ARNTL/BMAL1 positively regulates myogenesis and negatively regulates adipogenesis via the transcriptional control of the genes of the canonical Wnt signaling pathway. Plays a role in normal pancreatic beta-cell function; regulates glucose-stimulated insulin secretion via the regulation of antioxidant genes NFE2L2/NRF2 and its targets SESN2, PRDX3, CCLC and CCLM. Negatively regulates the mTORC1 signaling pathway; regulates the expression of MTOR and DEPTOR. Controls diurnal oscillations of Ly6C inflammatory monocytes; rhythmic recruitment of the PRC2 complex imparts diurnal variation to chemokine expression that is necessary to sustain Ly6C monocyte rhythms. Regulates the expression of HSD3B2, STAR, PTGS2, CYP11A1, CYP19A1 and LHCGR in the ovary and also the genes involved in hair growth. Plays an important role in adult hippocampal neurogenesis by regulating the timely entry of neural stem/progenitor cells (NSPCs) into the cell cycle and the number of cell divisions that take place prior to cell-cycle exit. The CLOCK-ARNTL/BMAL1 heterodimer regulates the circadian expression of SERPINE1/PAI1, VWF, B3, CCRN4L/NOC, NAMPT, DBP, MYOD1, PPARGC1A, PPARGC1B, SIRT1, GYS2 and also genes implicated in glucose and lipid metabolism. Represses glucocorticoid receptor (GR)-induced transcriptional activity by reducing the association of GR to glucocorticoid response elements (GREs) via the acetylation of

multiple lysine residues located in its hinge region. Promotes rhythmic chromatin opening, regulating the DNA accessibility of other transcription factors.

II. ASSAY PRINCIPLES

Cohesion Bioscience Human BMAL1 ELISA (Enzyme-Linked Immunosorbent Assay) kit is an in vitro enzyme-linked immunosorbent assay for the quantitative measurement of Human BMAL1 in Tissue homogenates, Cell lysates. This assay employs an antibody specific for Human BMAL1 coated on a 96-well plate. Standards and samples are pipetted into the wells and BMAL1 present in a sample is bound to the wells by the immobilized antibody. The wells are washed and biotinylated anti-Human BMAL1 antibody is added. After washing away unbound biotinylated antibody, HRP-conjugated streptavidin is pipetted to the wells. The wells are again washed, a TMB substrate solution is added to the wells and color develops in proportion to the amount of BMAL1 bound. The Stop Solution changes the color from blue to yellow, and the intensity of the color is measured at 450 nm.

III. KIT COMPONENTS

Component	Volume
96-well Plate Coated with Anti-Human BMAL1 Antibody	12 x 8 Strips
Human BMAL1 Standard	10 ng x 2
Biotin-Labeled Detection Antibody (100X)	120 µl
Streptavidin-HRP (100X)	120 µl
Standard/Sample Diluent	30 ml
Detection Antibody Diluent	12 ml
Streptavidin-HRP Diluent	12 ml
Wash Buffer (20X)	30 ml
TMB Substrate Solution	12 ml
Stop Solution	12 ml
Plate Adhesive Strips	3 Strips
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IV. STORAGE AND STABILITY

All kit components are stable at 2 to 8 °C. Standard (recombinant protein) should be stored at -20 °C or -80 °C (recommended at -80 °C) after reconstitution. Opened Microplate Wells or reagents may be store for up to 1 month at 2 to 8 °C. Return unused wells to the pouch containing desiccant pack, reseal along entire edge. Note: the kit can be used within one year if the whole kit is stored at -20 °C. Avoid repeated freeze-thaw cycles.

V.   MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader capable of measuring absorbance at 450 nm.

2. Adjustable pipettes and pipette tips to deliver 2 μl to 1 ml volumes.

3. Adjustable 1-25 ml pipettes for reagent preparation.

4. 100 ml and 1 liter graduated cylinders.

5. Absorbent paper.

6. Distilled or deionized water.

7. Computer and software for ELISA data analysis.

8. Tubes to prepare standard or sample dilutions.

VI.   HEALTH AND SAFETY PRECAUTIONS

1. Reagents provided in this kit may be harmful if ingested, inhaled or absorbed through the skin. Please carefully review the MSDS for each reagent before conducting the experiment.

2. Stop Solution contains 2 N Sulfuric Acid (H_2SO_4) and is an extremely corrosive agent. Please wear proper eye, hand and face protection when handling this material. When the experiment is finished, be sure to rinse the plate with copious amounts of running water to dilute the Stop Solution prior to disposing the plate.

VII. REAGENT PREPARATION

1. Sample Preparation

Store samples to be assayed within 24 hours at 2-8°C. For long-term storage, aliquot and freeze samples at -20°C. Avoid repeated freeze-thaw cycles.

Cell culture supernates: Remove particulates by centrifugation, assay immediately or aliquot and store samples at -20°C.

Serum: Allow the serum to clot in a serum separator tube (about 4 hours) at room temperature. Centrifuge at approximately 1000 X g for 15 minutes. Analyze the serum immediately or aliquot and store samples at -20°C.

Plasma: Collect plasma using heparin or EDTA as an anticoagulant. Centrifuge for 15 minutes at 1500 X g within 30 minutes of collection. Assay immediately or aliquot and store samples at -20°C.

Cell Lysates: Collect cells and rinse cells with PBS. Homogenize and lyse cells throughly in lysate solution. Centrifuge cell lysates at approximately 10000 X g for 5 minutes to remove debris. Aliquots of the cell lysates were removed and assayed.

Bone Tissue: Extract demineralized bone samples in 4 M Guanidine-HCl and protease inhibitors. Dissolve the final sample in 2 M Guanidine-HCl.

Tissue Homogenates: The preparation of tissue homogenates will vary depending upon tissue type. Rinse tissue with 1X PBS to remove excess blood, homogenized in 20 mL of 1X PBS and stored overnight at ≤ -20 °C. After two freeze-thaw cycles were performed to break the cell membranes, the homogenates were centrifuged for 5 minutes at 5000 x g. The supernate was removed immediately and assayed. Alternatively, aliquot and store samples at ≤ -20 °C.

Note: Some lysis buffer, such as RIPA can not be used. Some components will affect the binding.

Urine: Urinary samples should be cleared by centrifugation and then can be used directly without dilution. Storage at -20°C.

2. Human BMAL1 Standard Preparation

Reconstitute the lyophilized Human BMAL1 Standard by adding 1 ml of Standard/Sample Diluent to make the 10 ng/ml standard stock solution. Allow solution to sit at room temperature for 5 minutes, then gently vortex to mix completely. Use within one hour of reconstituting. Two tubes of the standard (10 ng per tube) are included in each kit. Use one tube for each experiment.

Perform 2-fold serial dilutions of the top standards to make the standard curve within the range of this assay (0.156 ng/ml - 10 ng/ml) as below. Standard/Sample Dilution Buffer serves as the zero standard (0 ng/ml).

Standard	Add	Into
10 ng/ml		
5 ng/ml	500 µl of the Standard (10 ng/ml)	500 µl of the Standard/Sample Diluent
2.5 ng/ml	500 µl of the Standard (5 ng/ml)	500 µl of the Standard/Sample Diluent
1.25 ng/ml	500 µl of the Standard (2.5 ng/ml)	500 µl of the Standard/Sample Diluent
0.625 ng/ml	500 µl of the Standard (1.25 ng/ml)	500 µl of the Standard/Sample Diluent
0.312 ng/ml	500 µl of the Standard (0.625 ng/ml)	500 µl of the Standard/Sample Diluent
0.156 ng/ml	500 µl of the Standard (0.312 ng/ml)	500 µl of the Standard/Sample Diluent
0 ng/ml	1 ml of the Standard/Sample Diluent	

Note: The standard solutions are best used within 2 hours. The 10 ng/ml standard solution should be stored at 4°C for up to 12 hours, or at -20°C for up to 48 hours. Avoid repeated freeze-thaw cycles.

3. Biotin-Labeled Detection Antibody Working Solution Preparation

The Biotin-Labeled Detection Antibody should be diluted in 1:100 with the Detection Antibody Diluent and mixed thoroughly. The solution should be prepared no more than 2 hours prior to the experiment.

4. Streptavidin-HRP Working Solution Preparation

The Streptavidin-HRP should be diluted in 1:100 with the Streptavidin-HRP Diluent and mixed thoroughly. The solution should be prepared no more than 1 hour prior to the experiment.

5. Wash Buffer Working Solution Preparation
Pour entire contents (30 ml) of the Wash Buffer Concentrate into a clean 1,000 ml graduated cylinder. Bring final volume to 600 ml with glass-distilled or deionized water (1:20).

VIII.   ASSAY PROCEDURE

The Streptavidin-HRP Working Solution and TMB Substrate Solution must be kept warm at 37°C for 30 minutes before use. When diluting samples and reagents, they must be mixed completely and evenly. Standard detection curve should be prepared for each experiment. The user will decide sample dilution fold by crude estimation of protein amount in samples.

1. Add 100 µl of each standard and sample into appropriate wells.

2. Cover well and incubate for 90 minutes at room temperature or overnight at 4°C with gentle shaking.

3. Remove the cover, discard the solution and wash plate 3 times with Wash Buffer Working Solution, and each time let Wash Buffer Working Solution stay in the wells for 1 - 2 minutes. Blot the plate onto paper towels or other absorbent material. Do NOT let the wells completely dry at any time.

4. Add 100 µl of Biotin-Labeled Detection Antibody Working Solution into each well and incubate the plate at 37°C for 60 minutes.

5. Wash plate 3 times with Wash Buffer Working Solution, and each time let Wash Buffer Working Solution stay in the wells for 1 - 2 minutes. Discard the Wash Buffer Working Solution and blot the plate onto paper towels or other absorbent material.

6. Add 100 µl of Streptavidin-HRP Working Solution into each well and incubate the plate at 37°C for 45 minutes.

7. Wash plate 5 times with Wash Buffer Working Solution, and each time let wash buffer stay in the wells for 1 - 2 minutes. Discard the wash buffer and blot the plate onto paper towels or other absorbent material.

8. Add 100 µl of TMB Substrate Solution into each well and incubate plate at 37°C in dark for 30 minutes.

9. Add 100 µl of Stop Solution into each well. The color changes into yellow immediately.

10. Read the O.D. absorbance at 450nm in a microplate reader within 30 minutes after adding the Stop Solution.

For calculation, (the relative O.D.450) = (the O.D.450 of each well) - (the O.D.450 of Zero well). The standard curve can be plotted as the relative O.D.450 of each standard solution (Y) vs. the respective concentration of the standard solution (X). The concentration of the samples can be interpolated from the standard curve.

Note: If the samples measured were diluted, multiply the dilution factor to the concentrations from interpolation to obtain the concentration before dilution.

IX. ASSAY PROCEDURE SUMMARY

- Prepare all reagents, samples and standards

- Add 100 µl Standard or Sample

- Wash plate 3 times with Wash Buffer Working Solution

- Add 100 µl Biotin-Labeled Detection Antibody Working Solution

- Wash plate 3 times with Wash Buffer Working Solution

- Add 100 µl Streptavidin-HRP Working Solution

- Wash plate 5 times with Wash Buffer Working Solution

- Add 100 µl TMB Substrate Solution

- Add 100 µl Stop Solution

- Read the plate at 450nm

X. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.

$$y = -0.014x^2 + 0.413x - 0.033$$
$$R^2 = 0.997$$
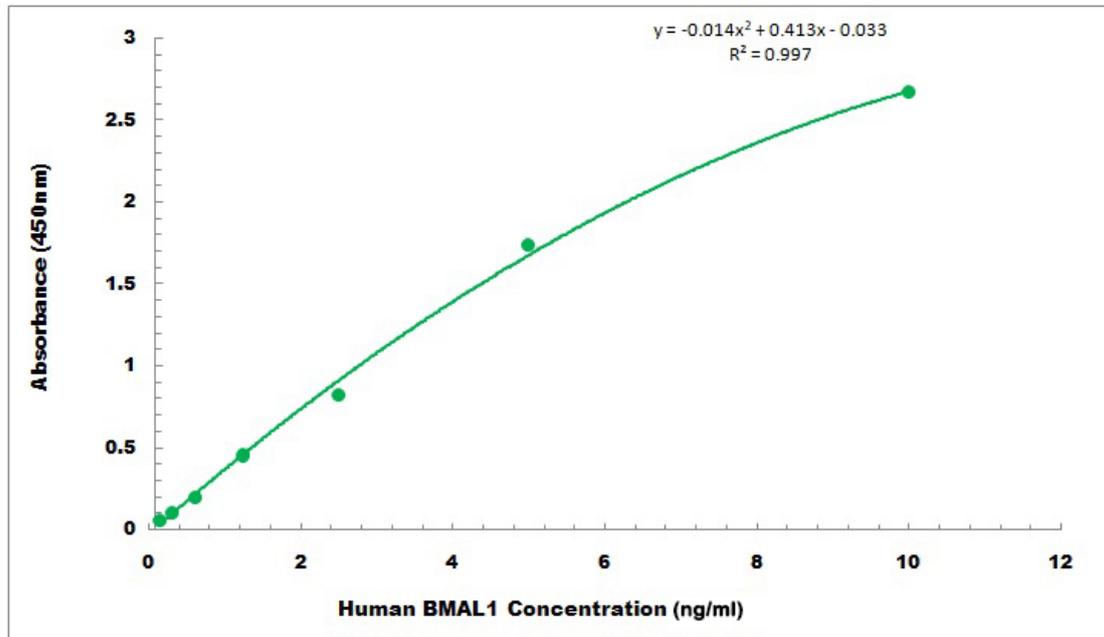
XI. SENSITIVITY

The minimum detectable dose of Human BMAL1 is typically less than 57 pg/ml.

XII. SPECIFICITY

Human BMAL1 ELISA Kit allows for the detection and quantification of endogenous levels of natural and/or recombinant Human BMAL1 proteins within the range of 0.156 ng/ml - 10 ng/ml.

XIII.   CROSS REACTIVITY

No detectable cross-reactivity with other relevant proteins.

XIV.   REFERENCES

XV. TROUBLESHOOTING GUIDE

Problem	Possible Cause	Solution
High signal and background in all wells	• Insufficient washing	• Increase number of washes • Increase time of soaking between in wash
	• Too much Streptavidin-HRP	• Check dilution, titration
	• Incubation time too long	• Reduce incubation time
	• Development time too long	• Decrease the incubation time before the stop solution is added
No signal	• Reagent added in incorrect order, or incorrectly prepared	• Review protocol
	• Standard has gone bad (If there is a signal in the sample wells)	• Check the condition of stored standard
	• Assay was conducted from an incorrect starting point	• Reagents allows to come to 20 - 30 °C before performing assay
Too much signal-whole plate turned uniformly blue	• Insufficient washing-unbound Streptavidin-HRP remaining	• Increase number of washes Carefully
	• Too much Streptavidin-HRP	• Check dilution
	• Plate sealer or reservoir reused, resulting in presence of residual Streptavidin-HRP	• Use fresh plate sealer and reagent reservoir for each step
Standard curve achieved but poor discrimination between point	• Plate not developed long enough	• Increase substrate solution incubation time
	• Improper calculation of standard curve dilution	• Check dilution, make new standard curve
No signal when a signal is expected, but standard curve looks fine	• Sample matrix is masking detection	• More diluted sample Recommended
Samples are reading too high, but standard curve is fine	• Samples contain protein levels above assay range	• Dilute samples and run Again
Edge effect	• Uneven temperature around work surface	• Avoid incubating plate in areas where environmental conditions vary • Use plate sealer

XVI.   TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to

www.cohesionbio.com or contact us at techsupport@cohesionbio.com

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XVII.   NOTES