



# **Alanine Transaminase Activity Microplate Assay Kit User Manual**

**Catalog # CAK1002**

(Version 1.4F)

Detection and Quantification of Alanine Transaminase (ALT) Activity  
in Urine, Serum, Plasma, Tissue extracts, Cell lysate, Cell culture  
media and Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**

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## I. INTRODUCTION

Alanine Transaminase (ALT), also known as serum alanine aminotransferase (ALAT) or pyruvic transaminase (GPT), facilitates the conversion of alanine and  $\alpha$ -ketoglutarate to pyruvate and glutamate. ALT plays an important role in gluconeogenesis and amino acid metabolism. ALT is found mainly in the liver, and, to a lesser extent, in kidney, heart, muscle, and pancreas tissues. Normal serum levels of ALT are low, and increased serum ALT activity is widely used as a marker for liver damage.

Alanine Transaminase Activity Microplate Assay Kit provides a simple and direct procedure for measuring alanine transaminase activity in a variety of samples. This kit is based on the hydrolysis of substrate, reaction product phenylhydrazone can be measured at a colorimetric readout at 520 nm, which is directly proportional to the amount of alanine transaminase activity.

## II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer	30 ml x 4	4 °C
Substrate	Powder x 1	4 °C
Dye Reagent I	5 ml x 1	4 °C
Dye Reagent II	10 ml x 1	4 °C
Standard	Powder x 1	4 °C
Positive Control	Powder x 1	-20 °C
Plate Adhesive Strips	3 Strips	
Technical Manual	1 Manual	

### Note:

**Substrate:** add 10 ml Assay Buffer to dissolve before use. Store at -20 °C. Use within one month.

**Standard:** centrifuge the tube briefly, add 1 ml Assay Buffer to dissolve before use, it will be 20 µmol/ml. Store at -20 °C. Use within one month.

**Positive Control:** centrifuge the tube briefly, add 0.1 ml assay buffer to dissolve before use. Store at -80 °C. Use within one month.

### **III. MATERIALS REQUIRED BUT NOT PROVIDED**

1. Microplate reader to read absorbance at 520 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Ice
7. Centrifuge
8. Timer

### **IV. SAMPLE PREPARATION**

1. For cell and bacteria samples

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 1 ml Assay buffer for  $5 \times 10^6$  cell or bacteria, sonicate (with power 20%, sonicate 3s, interval 10s, repeat 30 times); centrifuged at 8000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

2. For tissue samples

Weigh out 0.1g tissue, homogenize with 1 ml Assay buffer on ice, centrifuged at 8000g 4 °C for 10 minutes, take the supernatant into a new centrifuge tube and keep it on ice for detection.

3. For serum or plasma samples

Detect directly.

## V. ASSAY PROCEDURE

Add following reagents into the microplate:

Reagent	Sample	Control	Standard	Blank	Positive Control
Sample	10 $\mu$ l	--	--	--	--
Assay Buffer	--	10 $\mu$ l	--	--	--
Standard	--	--	10 $\mu$ l	--	--
Distilled Water	--	--	--	10 $\mu$ l	--
Positive Control	--	--	--	--	10 $\mu$ l
Substrate	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l
Mix, cover the plate adhesive strips, put it into the oven, 37 °C for 30 minutes.					
Dye Reagent I	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l	50 $\mu$ l
Dye Reagent II	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l	90 $\mu$ l
Mix, record absorbance measured at 520 nm.					

### Note:

- 1) Perform 2-fold serial dilutions of the top standards to make the standard curve.
- 2) For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range. If the enzyme activity is lower, please add more samples into the reaction system; or increase the reaction time; if the enzyme activity is higher, please dilute the sample, or decrease the reaction time.
- 3) Reagents must be added step by step, can not be mixed and added together.

## VI. CALCULATION

**Unit Definition:** One Unit of ALT activity is defined as the enzyme produces 1  $\mu\text{mol}$  of pyruvic acid per minute.

1. According to the volume of serum or plasma

$$\begin{aligned}\text{ALT (U/ml)} &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / V_{\text{Sample}} / T \\ &= 0.667 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}})\end{aligned}$$

2. According to the weight of sample

$$\begin{aligned}\text{ALT (U/g)} &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / (W \times \\ &\quad V_{\text{Sample}} / V_{\text{Assay}}) / T \\ &= 0.667 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / W\end{aligned}$$

3. According to the quantity of cell or bacteria

$$\begin{aligned}\text{ALT (U}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / (N \times \\ &\quad V_{\text{Sample}} / V_{\text{Assay}}) / T \\ &= 0.667 \times (\text{OD}_{\text{Sample}} - \text{OD}_{\text{Control}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / N\end{aligned}$$

$C_{\text{Standard}}$ : the concentration of standard, 20  $\mu\text{mol/ml}$ ;

W: the weight of sample, g;

N: the quantity of cell or bacteria,  $N \times 10^4$ ;

$V_{\text{Standard}}$ : the volume of standard, 0.01 ml;

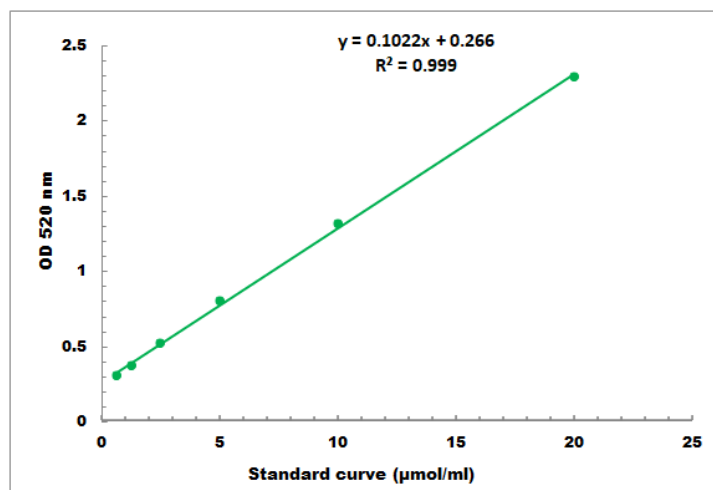
$V_{\text{Sample}}$ : the volume of sample, 0.01 ml;

$V_{\text{Assay}}$ : the volume of Assay buffer, 1 ml;

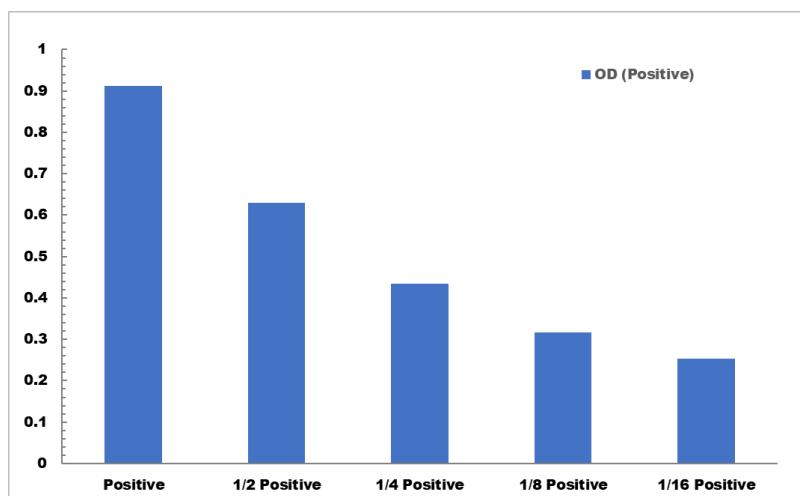
T: the reaction time, 30 minutes.

## VII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 0.625 μmol/ml - 20 μmol/ml



Positive Control reaction in 96-well plate assay with decreasing the concentration

## VIII. TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to [www.cohesionbio.com](http://www.cohesionbio.com) or contact us at [techsupport@cohesionbio.com](mailto:techsupport@cohesionbio.com)

## IX. NOTES